

PAKISTAN WRESTLING FEDERATION

Affiliates with United World wrestling (UWW) and Pakistan Olympic Association

Chairman
Syed Aqil Shah
Ph: +92-91-5270182
Treasurer
Ghulam Farid
Cell: +92-345-4280929



President
Muhammad Abdul Mobeen Ch,
Cell: +92-300-4655322
Secretary General
Muhammad Riaz
Cell: +92-300-6409388

All Affiliated Units
Pakistan Wrestling Federation

REF #: PWF/ NTAC-102-24
Date: 13 Feb, 2024

Subject: OPEN TRAILS FOR PARTICIPATION IN ASIAN WRESTLING CHAMPIONSHIP AND ASIAN OLYMPIC QUALIFYING ROUNDS, 02ND MARCH 2024. LAHORE.

Dear Sir,

I take this opportunity to inform you that Asian wrestling championship and Asian Olympic Qualifying round will be held in Bishkek, Kirghizstan dated 09 to 21 April 2024. So in this regard Pakistan Wrestling Federation is going to organize the Open trails for selection of National Wrestling Team, trails will be held at Punjab College Sports Hall, Ferozpur road Lahore dated 02nd March 2024.

It is further informing your kind information that trails will be held in the following mentioned weight categories. Further details given below:-

Salient Features Are As Under:

Weight Categories: With 2Kg Weight Tolerance

57 Kg	65 kg	74 kg	86 Kg	97 Kg	125 Kg
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Program Details:-

DATE	TIME	PROGRAMME
Saturday, 02 nd March 2024	08:00 AM	Medical Examination for All Weight categories
	08:30 AM	Weight in for All Weight categories
	11:30 AM	Elimination Round for All Weight categories, Final Round & Announcement of Final Team

Note: Selection committee will be select the best 4 wrestlers for above mentioned events according to their fitness and performance.

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Discipline:

The manager will be responsible to maintain proper discipline of their respective team on and off the Mat. Managers/ Coaches will ensure that their Wrestlers report on the Mat in proper Kit and Wrestling shoes. Wrestler must be freshly shaved with proper nail-cut and without any greasing materials on their bodies.

I am confident that in the best interest of national wrestling all concerned will cooperate and contribute their share to make this event a great success. Please do not hesitate to contact the undersigned for any future information in this regard.

T.A/D.A

As per rule of Pakistan Wrestling Federation.

Note: All participants are advised to report/contact Mr. Ghulam Farid, about your arrival at Lahore on his Cell # 0345-4280929.

With best regards,

Muhammad Riaz
Secretary General
Pakistan Wrestling Federation

Copy to:

Syed Aqil Shah, chairman, Pakistan Wrestling Federation
Muhammad Abdul Mobeen Ch , President, Pakistan wrestling federation.
Secretary General, Pakistan Olympic Association.
Director General, Pakistan Sports Board, Islamabad.