

Final Medal Tally

S.No.	Unit		Gold	Silver	Bronze	Total Medal
1	Punjab		78	53	42	173
2	KPK		29	31	38	98
3	Sindh		16	28	35	79
4	Balochistan		14	16	32	62
5	Islamabad		6	11	39	56
6	GB		2	2	18	22
7	AJK		1	5	20	26
		Total	146	146	224	516



Medals Position of Punjab

Discipline	Event	Competitor	Medals G S B
Athletics (M	en)		533
	100 M (Men)	Muhammad Hasnain	Gold
	100 M (Men)	Ghulam Murtza	Bronze
	200 M (Men)	Muhammad Hasnain	Gold
	200 M (Men)	Muhammad Sharjeel	Bronze
	400 M (Men)	M.Sharjeel	Silver
	1500 M (Men)	Akram	Gold
	110 M Hurdles (Men)	Zain UI Abdeen	Silver
	4 x 100 M Relay (Men)	Ghulam Murtaza, Hasnain, Zain, Ali	Gold
	High Jump (Men)	M. Naveed	Gold
	Discus Throw (Men)	M. Sohail	Silver
	Javelin Throw (Men)	Arham	Bronze
Athletics (W	omen)		3 4 3
	100 M (Women)	Khalida Imran	Silver
	100 M (Women)	Kinza Sarfraz	Bronze
	200 M (Women)	Khalida Imran	Silver
	800 M (Women)	Bushra	Gold
	800 M (Women)	Aesha	Bronze
	100 M Hurdles (Women)	Kinza Sarfraz	Gold
	High Jump (Women)	Pakeeza	Silver
	Long Jump (Women)	Kinza Sarfraz	Gold
	Javelin Throw (Women)	Zara	Silver
	Javelin Throw (Women)	Fiza Batool	Bronze

Discipline	Event	Competitor	Medals GSB
Badminton (Women)		3 1 1
	Women Singles	Kanzul Eman	Gold
	Women Singles	Hamna Irshad	Silver
	Women Singles	Khadija Manzoor	Bronze
	Women Doubles	Hamna Irshad,Kanzul Eman	Gold
	Women Team Event	Team	Gold
Badminton(M	1en)		0 2 4
	Men Singles	Sohaib Yaseen	Bronze
	Men Doubles	Sohaib Yaseen,Umer	Silver
	Men Doubles	Haris Fareed, Khuzaima	Bronze
	Mixed Double Event	M. Umer, Hamna Irshad	Bronze
	Mixed Double Event	Sohaib Yaseen,Roshane Ihsan	Bronze
	Men Team Event	Team	Silver
Boxing (Men)		2 2 2
	51 Kg Flyweight- Men	Umar Raza Khan	Gold
	54 Kg Bantam Weight - Men	Shahzad Khan	Bronze
	57 Kg Feather Weight - Men	Rohail Ahmed Khan	Gold
	60 Kg Light Weight- Men	Muhammad Ali	Silver
	63.5 Kg Light Welter Weight - Men	Ibrahim Subhani	Silver
	67 Kg Welter Weight - Men	Muhammad Bilal	Bronze
Football			0 0 1
	Football (Men)	Team	Bronze
Hockey			2 0 0
	Hockey (Men)	Team	Gold
	Hockey (Women)	Team	Gold

Discipline	Event	Competitor	Medals GSB
Judo (Men)			043
	- 55 Kg (Men)	Junaid Khan	Bronze
	- 60 Kg (Men)	Zaid UI Hassan	Silver
	- 66 Kg (Men)	Shahid Khan	Silver
	- 73 Kg (Men)	Junaid Pochay	Silver
	- 81 Kg (Men)	Ali Ahad	Silver
	- 90 Kg (Men)	Hussnain Ali	Bronze
	Open (Men)	Muhammad Shamas	Bronze
Judo (Wome	<i>n</i>)		322
	- 40 Kg (Women)	Syeda Javeria	Gold
	- 48 Kg (Women)	Eisha Siddiqui	Silver
	- 52 Kg (Women)	Hifza Iftikhar	Gold
	- 57 Kg (Women)	Arooj Fatima	Bronze
	- 63 Kg (Women)	Aima Adnan	Gold
	- 70 Kg (Women)	Saira Asif	Silver
	Open (Women)	Madiha Waheed	Bronze
Kabaddi Asi	an Style		0 1 0
	Kabaddi Asian Style (Men)	Team	Silver
Karate (Men)		3 0 6
	- 55 Kg - Men	Muhammad Umar	Bronze
	- 60 Kg - Men	Hayyan Sohail Ch.	Bronze
	- 67 Kg - Men	Sujal Zafar	Gold
	- 75 Kg - Men	Alishah Shahid	Bronze
	- 84 Kg - Men	Muhammad Usman	Gold
	Individual Kata - Men	M. Zulqarnain	Bronze
	Team Kata - Men	Zulqurnain,Salamat, Abdullah	Gold
	Team Kumite - Men	Team	Bronze
	+ 84 Kg - Men	Ali Hassan	Bronze

Discipline	Event	Competitor	Medals GSB
Karate (Won	nen)		3 1 4
	Upto 45 Kg - Women	Mehreen Sarwar	Bronze
	- 50 Kg - Women	Noor ul Ain	Silver
	- 55 Kg - Women	Maham Batool	Gold
	- 61 Kg - Women	Hamna Qamar	Gold
	Individual Kata - Women	Mehreen Sarwar	Bronze
	Team Kata - Women	Mehreen, Ushna, Nazish	Gold
	Team Kumite - Women	Maham,Hamna,Ushna,Aima	Bronze
	+ 68 Kg - Women	Areesha Mustafa	Bronze
Squash (Men	1)		2 1 0
	Men Singles	Sakhi Ullah Tareen	Gold
	Men Singles	Abdullah Nadeem Butt	Silver
	Men Team Event	Khakan,Abdullah,Asher,Sakhi	Gold
Squash (Won	nen)		0 1 0
	Women Team Event	Tayyaba,Ayesha,Fajar,Zainab	Silver
Swimming (M	Men)		15 12 1
	50 M Backstroke (Men)	M. Bilal Maqbool	Gold
	100 M Backstroke (Men)	M. Bilal Maqbool	Gold
	100 M Backstroke (Men)	M Azan Maqbool	Silver
	200 M Backstroke (Men)	M. Aazan Maqbool	Gold
	200 M Backstroke (Men)	Ch. Hassan Ali	Silver
	50 M Breaststroke (Men)	M. Bilal Maqbool	Gold
	50 M Breaststroke (Men)	M. Azan Maqbool	Silver
	100 M Breaststroke (Men)	M. Bilal Maqbool	Gold
	100 M Breaststroke (Men)	M. Azan Maqbool	Silver
	200 M Breaststroke (Men)	M. Bilal Maqbool	Gold

Discipline	Event	Competitor	Medals G S B
	200 M Breaststroke (Men)	Abdul Rehman	Bronze
	50 M Butterfly (Men)	Agha Abdul Wasay Naseer	Gold
	50 M Butterfly (Men)	Aryan Rehman Khawar	Silver
	100 M Butterfly (Men)	Agha Abdul Wasay	Gold
	100 M Butterfly (Men)	Ch. Hassan Ali	Silver
	200 M Butterfly (Men)	M. Azan Maqbool	Gold
	200 M Butterfly (Men)	Ch. Hassan Ali	Silver
	50 M Freestyle (Men)	Aryaan Rehman Khawar	Gold
	50 M Freestyle (Men)	Agha Abdul Wasay Naseer	Silver
	100 M Freestyle (Men)	Aryaan Rehman Khawar	Gold
	100 M Freestyle (Men)	Amman Rehman Khawar	Silver
	200 M Freestyle (Men)	Aryaan Rehman Khawar	Gold
	200 M Freestyle (Men)	Amman Rehman Khawar	Silver
	400 M Freestyle (Men)	Amman Rehman Khawar	Gold
	400 M Freestyle (Men)	Ch. Hassan Ali	Silver
	4x100 M Medley Relay (Men)	Wassay, Bilal, Aryan, Amman	Gold
	200 M Individual Medley (Men)	Amman Rehman Khawar	Gold
	200 M Individual Medley (Men)	Ch. Hassan Ali	Silver
wimming (Women)		10 14 5
	50 M Backstroke (Women)	Ayesha Waqas	Gold
	50 M Backstroke (Women)	Mira Khan	Silver
	100 M Backstroke (Women)	Ayesha Waqas	Silver
	100 M Backstroke (Women)	Maira Khan	Bronze
	200 M Backstroke (Women)	Ayesha Waqas	Silver
	200 M Backstroke (Women)	Maira Khan	Bronze
	50 M Breaststroke (Women)	Nuriyah Rahim	Silver
	50 M Breaststroke (Women)	Mehar Hayat	Bronze

Discipline	Event	Competitor	Medals GSB
	100 M Breaststroke (Women)	Nuriyah Rahim	Silver
	100 M Breaststroke (Women)	Mehar Hayat	Bronze
	200 M Breaststroke (Women)	Maira Khan	Silver
	200 M Breaststroke (Women)	Shahbano Mueen	Bronze
	50 M Butterfly (Women)	Rania Adnan	Gold
	50 M Butterfly (Women)	Zehra Kazi	Silver
	100 M Butterfly (Women)	Rania Adna Khan	Gold
	100 M Butterfly (Women)	Samar Fatima	Silver
	200 M Butterfly (Women)	Samar Fatima	Gold
	200 M Butterfly (Women)	Mehar Hayat	Silver
	50 M Freestyle (Women)	Shazana Shahid	Gold
	50 M Freestyle (Women)	Zehra Kazi	Silver
	100 M Freestyle (Women)	Shazana Shahid	Gold
	100 M Freestyle (Women)	Rania Adna Khan	Silver
	200 M Freestyle (Women)	Shazana Shahid	Gold
	200 M Freestyle (Women)	Rania Adnan	Silver
	400 M Freestyle (Women)	Shazana Shahid	Gold
	400 M Freestyle (Women)	Rania Adna Khan	Silver
	4x100 M Medley Relay (Women)	Ayesha, Nuriyah, Rania, Shazana	Gold
	200 M Individual Medley (Women)	Shazana Shahid	Gold
	200 M Individual Medley (Women)	Zehra Kazi	Silver
Table Tennis	s (Men)		4 1 4
	Men Singles	Ata UI Manan	Gold
	Men Singles	Zain Pervaiz	Bronze
	Men Singles	Taha Bilal	Bronze
	Men Doubles	Taha Bilal, Ata Ul Manan	Gold
	Men Doubles	Zain Pervaiz, Mutahir Amin	Silver

Discipline	Event	Competitor	Medals GSB
	Men Doubles	Arman Ahmed, Abu Bakar	Bronze
	Mixed Double Event	Taha Bilal,Kalsoom Khan	Gold
	Mixed Double Event	Ata UI Manan, Azka Rehman	Bronze
	Men Team Event	Team	Gold
Table Tennis	s (Women)		2 1 1
	Women Singles	Kalsoom Khan	Gold
	Women Doubles	Kalsoom Khan, Azka Rahman	Silver
	Women Doubles	Syeda Hijab, Maiza Shabkhez	Bronze
	Women Team Event	Team	Gold
Taekwondo ((Men)		2 2 1
	- 58 Kg - Men	Tayiab Sarwar	Silver
	- 80 Kg - Men	Syed Akmal Mehmood	Gold
	+ 87 Kg - Men	Mir Subhan	Silver
	Individual Poomsae (Men)	M. Abdullaah	Bronze
	Individual Creative (Men)	Tayyab Sarwar	Gold
Taekwondo ((Women)		2 0 1
	- 73 Kg - Women	Zartasha Asghar	Gold
	Individual Poomsae (Women)	Sunda Zahra	Gold
	Individual Creative (Women)	Sundas Zahra	Bronze
Volleyball			1 1 0
	Volleyball (Men)	Team	Silver
	Volleyball (Women)	Team	Gold
Weightlifting	2		8 0 0
	55 Kg - Men	Malik Subhan Ali	Gold
	61 Kg - Men	Azeez Sarwar Cheema	Gold
	67 Kg - Men	Muhammad Hamza	Gold

Discipline	Event	Competitor	Medals G S B
	73 Kg - Men	Amir Ali	Gold
	81 Kg - Men	M. Ali Akbar	Gold
	89 Kg - Men	M. Mudabbir Zeeshan	Gold
	96 Kg - Men	Haider Shakeeb Butt	Gold
	+96 Kg - Men	Muhammad Yahya	Gold
Wrestling (M	Ien)		8 0 0
	57 Kg - Men	Faraz Khan	Gold
	61 Kg - Men	M. Abdul Rehman	Gold
	65 Kg - Men	M. Abdullah	Gold
	70 Kg - Men	M. Abu Abada	Gold
	74 Kg - Men	Hassan Ali	Gold
	86 Kg - Men	Ameer Hamza	Gold
	97 Kg - Men	Rana Faizan Ali	Gold
	125 Kg - Men	M. Shamas	Gold

Total: 78 53 42



Medals Position of KPK

Discipline	Event	Competitor	Medals GSB
Athletics (Me	en)		534
	100 M (Men)	Atta Ullah	Silver
	200 M (Men)	Usama Khalid	Silver
	400 M (Men)	Ataullah	Gold
	400 M (Men)	Fawad	Bronze
	1500 M (Men)	Khubab	Bronze
	110 M Hurdles (Men)	Sanan	Bronze
	4 x 400 M Relay (Men)	Osama, Fawad, Asad, Attaullah	Gold
	High Jump (Men)	Hammad	Bronze
	Long Jump (Men)	Farman Ali	Gold
	Long Jump (Men)	Hammad Khan	Silver
	Discus Throw (Men)	Wassi Ullah	Gold
	Javelin Throw (Men)	Bilal	Gold
Athletics (We	omen)		1 2 3
	100 M Hurdles (Women)	Rihab Ai	Silver
	4 x 100 M Relay (Women)	Rashida, Rihab, Samina, Iqra	Bronze
	Long Jump (Women)	Rashida	Bronze
	Discus Throw (Women)	Manahil Bibi	Silver
	Discus Throw (Women)	Aiman Shahzad	Bronze
	Javelin Throw (Women)	Amain Shahzad	Gold
Badminton (Women)		0 0 1
	Women Team Event	Team	Bronze

Discipline	Event	Competitor	Medals G S B
Badminton(M	Ien)		3 1 1
	Men Singles	Muhammad Zahid	Gold
	Men Singles	Muhammad Afnan	Silver
	Men Doubles	M.Afnan, Haseeb	Gold
	Men Doubles	Fahad Ahmad, Najam us Saqib	Bronze
	Men Team Event	Team	Gold
Boxing (Men)		0 1 2
	48 Kg Light Flyweight- Men	Asif Ullah	Bronze
	57 Kg Feather Weight - Men	Umaid Khan	Bronze
	71 Kg Light Middle Weight- Men	Hamza Khan	Silver
Football			0 1 0
	Football (Men)	Team	Silver
Hockey			0 1 0
	Hockey (Men)	Team	Silver
Iudo (Men)			5 1 3
	- 50 Kg (Men)	Zigham Abbas	Bronze
	- 55 Kg (Men)	Faisal Syed	Silver
	- 60 Kg (Men)	Salman Khan	Bronze
	- 66 Kg (Men)	Huzaifa	Gold
	- 73 Kg (Men)	Khalil Abbas	Bronze
	- 81 Kg (Men)	Fahad Shah	Gold
	- 90 Kg (Men)	Awais Khan	Gold
	Open (Men)	Abdul Rehman	Gold
	Mixed Team (Men)	Team	Gold

Judo (Women) 2 1 4 -40 Kg (Women) Alishba Akhtar Bronze -48 Kg (Women) Asfa Noor Gold -52 Kg (Women) Saba Gul Bronze -57 Kg (Women) Amna Gold -63 Kg (Women) Amna Gold -63 Kg (Women) Marwa Begum Bronze -70 Kg (Women) Malshah Rehman Bronze Open (Women) Laiba Abbasi Silver Kabaddi Asian Style 1 0 0 Karate (Men) Team Gold 4 3 2 Below 50 Kg - Men Muhammad Salman Gold 4 3 2 Below 50 Kg - Men Muhammad Ibrar Gold 4 3 2 Below 50 Kg - Men Muhammad Ibrar Gold 4 3 2 -60 Kg - Men Silver Team Gold 4 3 2 -75 Kg - Men Sudais Afridi Bronze -75 Kg - Men Silver 7 Team Kumite - Men Team Gold 4 3 3 1	Discipline	Event	Competitor	Medals G S B
-40 Kg (Women) Alishba Akhtar Bronze -48 Kg (Women) Asfa Noor Gold -52 Kg (Women) Saba Gul Bronze -57 Kg (Women) Amna Gold -63 Kg (Women) Marwa Begum Bronze -70 Kg (Women) Misbah Rehman Bronze -70 Kg (Women) Laiba Abbasi Bronze -70 Kg (Women) Laiba Abbasi Silver Kabaddi Asian Style (Men) Team Gold Karate (Men) Team Gold Image: Silver Karate (Men) Feam Gold Silver -66 Kg - Men Muhammad Ibrar Gold Silver -67 Kg - Men Ahmed Khan Silver Silver -67 Kg - Men Muhammad Ibrar Gold Silver -75 Kg - Men Sudais Afridi Bronze Gold -84 Kg - Men Misbah Ullah Silver Gold Team Kata - Men Haris, Waris, Misbah Silver Gold Karate (Women) Lupto 45 Kg - Women Areeba Bronze +84 Kg - Men Maiha Bronze <t< td=""><td>Judo (Wome</td><td><i>n</i>)</td><td></td><td>2 1 4</td></t<>	Judo (Wome	<i>n</i>)		2 1 4
- 52 Kg (Women) - 52 Kg (Women) - 57 Kg (Women) - 63 Kg (Women) - 63 Kg (Women) - 70 Kg (Women) Marwa Begum Below 50 Kg - Men Kabaddi Asian Style (Men) Team Kabaddi Asian Style (Men) Team Gold Karate (Men) Karate (Men) For Kabaddi Asian Style (Men) Team Gold Copen (Women) Laiba Abbasi Stilver - 1 0 0 Gold Karate (Men) Team Gold - 60 Kg - Men - 67 Kg - Men - 75 Kg - Men - 67 Kg - Men - 67 Kg - Men - 75 Kg - Men - 75 Kg - Men - 67 Kg - Men - 67 Kg - Men - 75 Kg - Men - 67 Kg - Men - 75 Kg - Men - 67 Kg - Men - 67 Kg - Men - 67 Kg - Men - 75 Kg - Men - 67 Kg - Men - 60 Kg - Men - 84 Kg - Men - 75 Kg - Men - 75 Kg - Men - 84 Kg - Monen - 84 Kg - Monen - 84 Kg - Women - 90 Kg - Women - 60 Kg - Women - 61 Kg - Women </td <td>,</td> <td></td> <td>Alishba Akhtar</td> <td>Bronze</td>	,		Alishba Akhtar	Bronze
- 57 Kg (Women) - 63 Kg (Women) - 70 Kg (Women) Marwa Begum Marwa Bedu Asian Style (Men) Kabaddi Asian Style (Men) Team Karate (Men) Karate (Men) Karate (Men) Karate (Men) Below 50 Kg - Men - 60 Kg - Men - 75 Kg - Men - 76 Kg - Mon - 76 Kg - Monen - 76 Kg - Women - 76 Kg - Women - 70 Kg -		- 48 Kg (Women)	Asfa Noor	Gold
- 63 Kg (Women) Marwa Begum Bronze - 70 Kg (Women) Misbah Rehman Bronze - 70 Kg (Women) Laiba Abbasi Silver Kabaddi Asian Style (Men) Laiba Abbasi Style Kabaddi Asian Style (Men) Tean Karate (Men) Tean Below 50 Kg - Men Muhammad Dalman Gold - 60 Kg - Men Muhammad Dalman Misbah Man Man Malha - 67 Kg - Men Misbah Misbah Milah Misbah Misbah Milah Misbah Misbah Milah Misbah Misbah Milah Misbah Milah Misbah Misbah Misbah Milah Misbah Misbah Misbah Milah Misbah Mis		- 52 Kg (Women)	Saba Gul	Bronze
-70 Kg (Women) Misbah Rehman Bronze Open (Women) Laiba Abbasi Silver Kabaddi Asian Style 1 0 0 Kabaddi Asian Style (Men) Team Gold Karate (Men) Team Gold Karate (Men) Team Gold Below 50 Kg - Men Muhammad Ibrar Gold -55 Kg - Men Muhammad Ibrar Gold -60 Kg - Men Ahmed Khan Silver -67 Kg - Men Ehtisham Pervaiz Bronze -75 Kg - Men Sudais Atridi Bronze -75 Kg - Men Sudais Atridi Bronze -84 Kg - Men Misbah Ullah Silver -84 Kg - Men Waris Habib Gold -84 Kg - Men Waris Habib Gold -84 Kg - Men Varis Habib Gold -84 Kg - Men Marina Manata Silver Varia Kata - Men Areeba Bronze -84 Kg - Men Marina Matha Silver Varia Kata - Men Areeba Bronze -60 Kg - Women Areeba Bronze		- 57 Kg (Women)	Amna	Gold
Open (Women) Laiba Abbasi Silver Kabaddi Asian Style 1 0 0 Kabaddi Asian Style (Men) Team Gold Karate (Men) Team Gold 4 3 2 Below 50 Kg - Men Muhammad Ibrar Gold 60 <t< td=""><td></td><td>- 63 Kg (Women)</td><td>Marwa Begum</td><td>Bronze</td></t<>		- 63 Kg (Women)	Marwa Begum	Bronze
Kabaddi Asian Style (Men) Team Gold Kabaddi Asian Style (Men) Team Gold Karate (Men) 4 3 2 Below 50 Kg - Men Muhammad Salman Gold 60 -55 Kg - Men Muhammad Ibrar Gold 60 -60 Kg - Men Ahmed Khan Silver 60 -67 Kg - Men Ehtisham Pervaiz Bronze 60 -75 Kg - Men Sudais Afridi Bronze 60 -75 Kg - Men Sudais Afridi Bronze 60 -84 Kg - Men Misbah Ullah Silver 60 -84 Kg - Men Team Gold Faam -84 Kg - Men Team Gold Faam -84 Kg - Men Team Gold Faam -84 Kg - Men Waris Habib Gold Faam -60 Kg - Women Areeba Bronze Silver -50 Kg - Women Maliha Bronze Gold Silver -50 Kg - Women Fatima Bronze Gold Silver -61 Kg - Women Fatima Bronze Gilkg - Women		- 70 Kg (Women)	Misbah Rehman	Bronze
Kabaddi Asian Style (Men) Team Gold Karate (Men) 4 3 2 Below 50 Kg - Men Muhammad Salman Gold -55 Kg - Men Muhammad Ibrar Gold -60 Kg - Men Ahmed Khan Silver -67 Kg - Men Ahmed Khan Silver -67 Kg - Men Sudais Afridi Bronze -75 Kg - Men Sudais Afridi Bronze -84 Kg - Men Misbah Ullah Silver Team Kata - Men Haris, Waris, Misbah Silver Team Kumite - Men Team Gold +84 Kg - Men Waris Habib Gold Karate (Women) Varis Habib Gold - 50 Kg - Women Areeba Bronze - 50 Kg - Women Maliha Bronze - 50 Kg - Women Hina Silver - 61 Kg - Women Fatima Bronze - 68 Kg - Women Esha Silver		Open (Women)	Laiba Abbasi	Silver
Karate (Men)432Below 50 Kg - MenMuhammad SalmanGold- 55 Kg - MenMuhammad IbrarGold- 60 Kg - MenAhmed KhanSilver- 67 Kg - MenEhtisham PervaizBronze- 75 Kg - MenSudais AfridiBronze- 75 Kg - MenMisbah UllahSilver- 84 Kg - MenMaisbah UllahSilver- 84 Kg - MenHaris, Waris, MisbahSilver- 84 Kg - MenTeam Kata - MenFaam- 84 Kg - MenWaris HabibGoldKarate (Women)04- 50 Kg - WomenAreebaBronze- 50 Kg - WomenMalihaBronze- 51 Kg - WomenFatimaBronze- 61 Kg - WomenFatimaBronze- 68 Kg - WomenEshaSilver- 68 Kg - WomenKata - MinaSilver	Kabaddi Asi	an Style		1 0 0
Below 50 Kg - Men Muhammad Salman Gold - 55 Kg - Men Muhammad Ibrar Gold - 60 Kg - Men Ahmed Khan Silver - 67 Kg - Men Ehtisham Pervaiz Bronze - 75 Kg - Men Sudais Afridi Bronze - 75 Kg - Men Sudais Afridi Bronze - 84 Kg - Men Misbah Ullah Silver Team Kata - Men Team Gold + 84 Kg - Men Team Gold + 50 Kg - Women Areeba Bronze - 50 Kg - Women Maliha Bronze - 50 Kg - Women Hina Silver - 61 Kg - Women Fatima Bronze - 68 Kg - Women Esha Silver - 68 Kg - Women Esha Silver		Kabaddi Asian Style (Men)	Team	Gold
 -55 Kg - Men -60 Kg - Men -67 Kg - Men -67 Kg - Men -67 Kg - Men Ehtisham Pervaiz Bronze -75 Kg - Men Sudais Afridi Bronze -84 Kg - Men Misbah Ullah Silver -84 Kg - Men Team Kumite - Men Team Kumite - Men +84 Kg - Men Team Kumite - Men +84 Kg - Men Gold Karate (Women) 0 4 3 Maliha Bronze -55 Kg - Women -61 Kg - Women -68 Kg - Women Esha Silver Karate - Women Karate - Women	Karate (Men	<i>ı)</i>		4 3 2
 - 60 Kg - Men - 67 Kg - Men - 75 Kg - Men - 84 Kg - Men - 84 Kg - Men Misbah Ullah Silver - 84 Kg - Men Haris, Waris, Misbah Silver - 7eam Kumite - Men - 7eam Kumite - Men - 84 Kg - Men - 7eam Kumite - Men - 84 Kg - Men - 7eam Kumite - Men - 84 Kg - Men - 7eam Kumite - Men - 7eam Kumite - Men - 84 Kg - Men - 7eam Kumite - Men - 84 Kg - Men - 7eam Kumite - Men - 7eam Kumite - Men - 84 Kg - Men - 7eam Kumite - Men - 84 Kg - Men - 7eam Kumite - Men - 84 Kg - Men - 86 Kg - Women - 68 Kg - Women - 70 Kata - Wome		Below 50 Kg - Men	Muhammad Salman	Gold
 - 67 Kg - Men - 67 Kg - Men - 75 Kg - Men - 75 Kg - Men - 84 Kg - Men - 7eam Kata - Men - 7eam Kumite - Men - 7eam Kumite - Men - 84 Kg - Men - 7eam Kumite - Men - 84 Kg - Men - 7eam Kumite - Men - 84 Kg - Men - 7eam Kumite - Men - 60 Kg - Women - 50 Kg - Women - 50 Kg - Women - 50 Kg - Women - 61 Kg - Women<		- 55 Kg - Men	Muhammad Ibrar	Gold
 -75 Kg - Men -84 Kg - Men -84 Kg - Men -84 Kg - Men -75 m Kata - Men -84 Kg - Men -76 am Kumite - Men -76 am Kumite - Men -76 am Kumite - Men -84 Kg - Men -76 m Kumite - Men -84 Kg - Men -76 m Kumite - Men -84 Kg - Men -76 m Kumite - Men -84 Kg - Men -76 m Kumite - Men -90 4 3 -90 4 4 -90 4 3 -90 4 3<!--</td--><td></td><td>- 60 Kg - Men</td><td>Ahmed Khan</td><td>Silver</td>		- 60 Kg - Men	Ahmed Khan	Silver
 - 84 Kg - Men - 84 Kg - Men Team Kata - Men Team Kumite - Men - 84 Kg - Men Team Kumite - Men - 84 Kg - Men Team Kumite - Men - 84 Kg - Men Team Kumite - Men - 84 Kg - Men Team Kumite - Men - 84 Kg - Men Team Kumite - Men - 84 Kg - Men Team Kumite - Men - 80 Kg - Momen - 55 Kg - Women - 55 Kg - Women - 55 Kg - Women - 61 Kg - Women - 61 Kg - Women - 68 Kg - Women - 70		- 67 Kg - Men	Ehtisham Pervaiz	Bronze
Team Kata - MenHaris,Waris,MisbahSilverTeam Kumite - MenTeamGold+ 84 Kg - MenWaris HabibGoldKarate (Women)0 4 3Upto 45 Kg - WomenAreebaBronze- 50 Kg - WomenMalihaBronze- 55 Kg - WomenHinaSilver- 61 Kg - WomenFatimaBronze- 61 Kg - WomenEshaSilver- 61 Kg - WomenSilver		- 75 Kg - Men	Sudais Afridi	Bronze
Team Kumite - MenTeamGold+ 84 Kg - MenWaris HabibGoldKarate (Women)0 4 3Upto 45 Kg - WomenAreebaBronze- 50 Kg - WomenMalihaBronze- 55 Kg - WomenHinaSilver- 61 Kg - WomenFatimaBronze- 61 Kg - WomenFatimaSilver- 61 Kg - WomenSilverSilver- 61 Kg - WomenFatimaSilver- 61 Kg - WomenSilverSilver- 61 Kg - WomenSilverSilver- 61 Kg - WomenSilverSilver- 61 Kg - WomenSilverSilver- 61 Kg - WomenSilverSilver		- 84 Kg - Men	Misbah Ullah	Silver
+ 84 Kg - Men Waris Habib Gold Karate (Women) 0 4 3 Upto 45 Kg - Women Areeba Bronze - 50 Kg - Women Maliha Bronze - 55 Kg - Women Hina Silver - 61 Kg - Women Fatima Bronze - 68 Kg - Women Esha Silver		Team Kata - Men	Haris,Waris,Misbah	Silver
Karate (Women) 0 4 3 Upto 45 Kg - Women Areeba Bronze - 50 Kg - Women Maliha Bronze - 55 Kg - Women Hina Silver - 61 Kg - Women Fatima Bronze - 68 Kg - Women Esha Silver Team Kata - Women Maliha,Muqadas,Esha Silver		Team Kumite - Men	Team	Gold
Martial (Wonterly)Upto 45 Kg - WomenAreebaBronze- 50 Kg - WomenMalihaBronze- 55 Kg - WomenHinaSilver- 61 Kg - WomenFatimaBronze- 68 Kg - WomenEshaSilverTeam Kata - WomenMaliha,Muqadas,EshaSilver		+ 84 Kg - Men	Waris Habib	Gold
 - 50 Kg - Women - 50 Kg - Women - 55 Kg - Women - 61 Kg - Women - 61 Kg - Women - 68 Kg - Women - Fatima - Esha - Silver - Team Kata - Women - Maliha, Muqadas, Esha - Silver 	Karate (Won	nen)		0 4 3
- 55 Kg - WomenHinaSilver- 61 Kg - WomenFatimaBronze- 68 Kg - WomenEshaSilverTeam Kata - WomenMaliha,Muqadas,EshaSilver		Upto 45 Kg - Women	Areeba	Bronze
- 61 Kg - WomenFatimaBronze- 68 Kg - WomenEshaSilverTeam Kata - WomenMaliha,Muqadas,EshaSilver		- 50 Kg - Women	Maliha	Bronze
- 68 Kg - Women Esha Silver Team Kata - Women Maliha,Muqadas,Esha Silver		- 55 Kg - Women	Hina	Silver
Team Kata - Women Maliha,Muqadas,Esha Silver		- 61 Kg - Women	Fatima	Bronze
		- 68 Kg - Women	Esha	Silver
Team Kumite - Women Maryam, Maliha, Esha, Mehak Silver		Team Kata - Women	Maliha,Muqadas,Esha	Silver
		Team Kumite - Women	Maryam, Maliha, Esha, Mehak	Silver

Discipline	Event	Competitor	Medals G S B
Squash (Mer	ı)		0 1 1
	Men Singles	Ubaidullah	Bronze
	Men Team Event	Fahad,Fawad,Ubaid,Shamlan	Silver
Squash (Wor	nen)		2 0 1
	Women Singles	Zohra Abdullah	Gold
	Women Singles	Hira Aqeel	Bronze
	Women Team Event	Zohra,Hira,Nimra,Hifsa	Gold
Swimming (1	Men)		0 0 3
	50 M Breaststroke (Men)	Hammad Akhtar	Bronze
	200 M Freestyle (Men)	Muhammad	Bronze
	200 M Individual Medley (Men)	Hammad Akhtar	Bronze
Table Tennis	s (Men)		0 2 2
	Men Singles	Usman Ahmed	Silver
	Mixed Double Event	M.Usman,Hooria Hamim	Silver
	Mixed Double Event	Mudassar Khan, Janita Javed	Bronze
	Men Team Event	Team	Bronze
Table Tennis	s (Women)		0 2 1
	Women Singles	Hooria Hamim	Silver
	Women Doubles	Janita Javed,Adeena Hamim	Bronze
	Women Team Event	Team	Silver
Taekwondo ((Men)		3 0 1
	- 58 Kg - Men	Namat Ullah	Gold
	+ 87 Kg - Men	Fahad Khan	Gold
	Individual Poomsae (Men)	Zaki UI Hassan	Gold
	Individual Creative (Men)	Sajjid ur Rehman	Bronze

Discipline	Event	Competitor	Medals GSB
Taekwondo ((Women)		2 1 2
	- 49 Kg - Women	Wanida	Gold
	- 57 Kg - Women	Sundas	Bronze
	- 67 Kg - Women	Maimoona Naseer	Gold
	- 73 Kg - Women	Hadia Naeem	Silver
	Individual Poomsae (Women)	Omama Gul	Bronze
Volleyball			1 0 0
	Volleyball (Men)	Team	Gold
Weightlifting	2		0 1 2
	55 Kg - Men	Muhammad Aqib	Silver
	61 Kg - Men	M. Shujahullah	Bronze
	96 Kg - Men	Farhan Ahmad	Bronze
Wrestling (M	Ien)		0 6 2
	57 Kg - Men	Wajid Khan	Silver
	61 Kg - Men	Shah Faisal	Silver
	65 Kg - Men	M. Umer Khan	Silver
	70 Kg - Men	Atta Ullah	Silver
	74 Kg - Men	Sohail Khan	Bronze
	86 Kg - Men	Irfan Ullah	Bronze
	97 Kg - Men	ljaz Hussain	Silver
	125 Kg - Men	Shayan Khan	Silver

Total: 29 31 38



Medals Position of Sindh

Discipline	Event	Competitor	Med GS	
Athletics (M	en)		0 2	1
	4 x 100 M Relay (Men)	Asad, Usman, Anis, Zaki	Bronz	е
	4 x 400 M Relay (Men)	Muhammad,Shahmeer,Asad,Usman	Silver	
	High Jump (Men)	M. Shareef	Silver	
Athletics (W	omen)		4 1	2
	100 M (Women)	Iqra Riaz	Gold	
	200 M (Women)	Iqra Riaz	Gold	
	200 M (Women)	Anaya Ahsan	Bronz	е
	800 M (Women)	Rania	Silver	
	4 x 100 M Relay (Women)	Iqra, Anaya, Alayna, Rania	Gold	
	High Jump (Women)	Anaya Ahsan	Gold	
	High Jump (Women)	Aiza Ahmed	Bronzo	е
Badminton (Women)		0 2	1
	Women Singles	Mariyam Hanif	Bronz	е
	Women Doubles	Mariyam Hanif,Mariyam Hamza	Silver	
	Women Team Event	Team	Silver	
Badminton(1	Men)		1 1	1
	Men Singles	Ibad Khan	Bronzo	е
	Mixed Double Event	Ibad Khan, Mariyam Hanif	Gold	
	Mixed Double Event	Hasnain, Mariyam Hamza	Silver	

Discipline	Event	Competitor	Medals GSB
Boxing (Mer	n)		222
	48 Kg Light Flyweight- Men	Bilal Qambrani	Silver
	51 Kg Flyweight- Men	Muhammad Umar	Bronze
	60 Kg Light Weight- Men	Karim Bux	Bronze
	63.5 Kg Light Welter Weight - Men	Mujahid	Gold
	67 Kg Welter Weight - Men	Zarar	Silver
	71 Kg Light Middle Weight- Men	Kamran	Gold
Football			1 1 0
	Football (Men)	Team	Gold
	Football (Women)	Team	Silver
Hockey			0 1 0
	Hockey (Women)	Team	Silver
Judo (Men)			124
	- 50 Kg (Men)	Hashir Javed	Silver
	- 55 Kg (Men)	Ayaan	Bronze
	- 66 Kg (Men)	Muhammad Rohaan	Bronze
	- 73 Kg (Men)	M. Maaz bin Mehmood	Gold
	- 81 Kg (Men)	Asharib Ullah Khan	Bronze
	- 90 Kg (Men)	Muhi Ur Rehman Bin Mehmood	Silver
	Mixed Team (Men)	Team	Bronze
Judo (Wome	<i>n</i>)		0 0 2
	- 40 Kg (Women)	Rafique Anoosha	Bronze
	- 52 Kg (Women)	Shiza Jawad	Bronze
Kabaddi Asi	an Style		0 0 1
	Kabaddi Asian Style (Men)	Team	Bronze
Karate (Men	n)		1 4 3
	Below 50 Kg - Men	Maaz Nawab	Silver
	- 55 Kg - Men	Darya Khan	Bronze

Discipline	Event	Competitor	Medals GSB
	- 60 Kg - Men	Talha Rafiq	Gold
	- 67 Kg - Men	Aftab Khan	Silver
	- 75 Kg - Men	Farhan	Silver
	- 84 Kg - Men	Jahangir	Bronze
	Individual Kata - Men	Shazil Sultan	Silver
	Team Kumite - Men	Team	Bronze
Karate (Wor	nen)		3 3 3
	Upto 45 Kg - Women	Alyana Zahra	Silver
	- 50 Kg - Women	Nabihah Jamal	Gold
	- 55 Kg - Women	Eshan Siddiqui	Bronze
	- 61 Kg - Women	Nuzrah Jamal	Silver
	- 68 Kg - Women	Alisha Channa	Gold
	Individual Kata - Women	Anahita Fatima	Silver
	Team Kata - Women	Anahita, Alyan, Hooriya	Bronze
	Team Kumite - Women	Anahita, Nabiha, Asna, Yumna	Bronze
	+ 68 Kg - Women	Asna Fatima	Gold
Squash (Wor	nen)		0 1 1
	Women Singles	Damina	Silver
	Women Team Event	Damya,Zunaira,Vashnavi,Dua	Bronze
Swimming (Women)		0 0 3
	100 M Freestyle (Women)	Ashleen	Bronze
	200 M Freestyle (Women)	Ashleen	Bronze
	4x100 M Medley Relay (Women)	Rabeea, Ashleen, Adleen, Amna	Bronze
Table Tennis	s (Men)		0 1 1
	Men Doubles	M. Abbas, Arham Bin Farrukh	Bronze
	Men Team Event	Team	Silver

Discipline	Event	Competitor	Medals GSB
Table Tennis	s (Women)		1 0 3
	Women Singles	Sara Danish	Bronze
	Women Singles	Bushra Anwar	Bronze
	Women Doubles	Bushra Anwar, Hooria Yaseen	Gold
	Women Team Event	Team	Bronze
Taekwondo ((Men)		0 1 2
	- 68 Kg - Men	Hamza Khan	Silver
	- 80 Kg - Men	Faizan Rashid	Bronze
	+ 87 Kg - Men	Atta UI Momin	Bronze
Taekwondo (Women)		2 1 2
	- 49 Kg - Women	Hamsa Sheikh	Bronze
	- 57 Kg - Women	Marium Fatima	Gold
	- 73 Kg - Women	Sara Batool	Bronze
	Individual Poomsae (Women)	Maira	Silver
	Individual Creative (Women)	Saima	Gold
Volleyball			0 1 0
	Volleyball (Women)	Team	Silver
Weightlifting	,		0 3 2
	55 Kg - Men	Faisal Ali Bhutto	Bronze
	61 Kg - Men	Muhammad Khan	Silver
	67 Kg - Men	Haroon Dildar	Bronze
	81 Kg - Men	Sohail Ahmed	Silver
	+96 Kg - Men	Israr Ali Soomro	Silver
Wrestling (M	(Ien)		0 1 1
	65 Kg - Men	Ramzan	Bronze
	74 Kg - Men	Khalil Ullah	Silver

Total: 16 28 35



Medals Position of Balochistan

GAMES 2000

Discipline	Event	Competitor	Medals GSB
Athletics (Me	en)		1 1 1
	110 M Hurdles (Men)	Umar Khan	Gold
	Discus Throw (Men)	Hamza	Bronze
	Javelin Throw (Men)	Amir Hamza	Silver
Badminton (Women)		0 0 1
	Women Doubles	Shukria, Rida	Bronze
Boxing (Men)		4 2 2
	48 Kg Light Flyweight- Men	Sami Ullah	Gold
	51 Kg Flyweight- Men	Muhammad Idrees	Silver
	54 Kg Bantam Weight - Men	Rehman Shah	Gold
	57 Kg Feather Weight - Men	Muhammad Zohaib	Silver
	60 Kg Light Weight- Men	Ajmaan	Gold
	63.5 Kg Light Welter Weight - Men	Taj Ud Din	Bronze
	67 Kg Welter Weight - Men	Abdul Rafay	Gold
	71 Kg Light Middle Weight- Men	Muhammad Umer	Bronze
Football			0 0 1
	Football (Women)	Team	Bronze
Judo (Men)			3 1 3
	- 50 Kg (Men)	Maqsood Ahmed	Gold
	- 55 Kg (Men)	Khan Noor	Gold
	- 60 Kg (Men)	Matti Ullah	Gold
	- 66 Kg (Men)	Asmat Ullah	Bronze

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Discipline	Event	Competitor	Medals GSB
	- 73 Kg (Men)	Syed Ahmed Khan	Bronze
	- 90 Kg (Men)	Najeeb Ullah	Bronze
	Mixed Team (Men)	Team	Silver
Judo (Wome	<i>n</i>)		1 1 1
	- 63 Kg (Women)	Fatima Zahra	Silver
	- 70 Kg (Women)	Shamim Khan	Bronze
	Open (Women)	Saima	Gold
Kabaddi Asi	an Style		0 0 1
	Kabaddi Asian Style (Men)	Team	Bronze
Karate (Men)		2 3 4
	Below 50 Kg - Men	Aryan Khan	Bronze
	- 55 Kg - Men	Mir Wais Khan	Silver
	- 67 Kg - Men	Muhammad Aslam	Bronze
	- 75 Kg - Men	Mir Hamza Kasi	Gold
	- 84 Kg - Men	Akmal Khan	Bronze
	Individual Kata - Men	Shahram Hussain	Gold
	Team Kata - Men	Shahriyar, Shawias, Ghulam Mustaf	a Bronze
	Team Kumite - Men	Team	Silver
	+ 84 Kg - Men	Noor Ahmed	Silver
Karate (Won	nen)		3 1 4
	Upto 45 Kg - Women	Saimak Baloch	Gold
	- 50 Kg - Women	Maliha	Bronze
	- 55 Kg - Women	Faiza	Bronze
	- 61 Kg - Women	Liza Naik	Bronze
	- 68 Kg - Women	Ummama Wali	Bronze
	Individual Kata - Women	Fatima	Gold

Discipline	Event	Competitor	Medals GSE
	Team Kumite - Women	Maliha,Faiza,Saimak,Gul Pari	Gold
	+ 68 Kg - Women	Pirha Noor	Silver
Squash (Men))		0 0 1
	Men Team Event	Waqar,Mazhar,Raza, Azmat	Bronze
Swimming (M	len)		0 1 2
	100 M Breaststroke (Men)	Syed Taha	Bronze
	200 M Breaststroke (Men)	Saeed Fawad	Silver
	4x100 M Medley Relay (Men)	Hassan, Taha, Mudabbir, Fawad	Bronze
Taekwondo (1	Men)		0 1 2
	- 68 Kg - Men	M.Zubair	Bronze
	- 80 Kg - Men	Sudais Khan	Silver
	Individual Creative (Men)	Shahzad Ali	Bronze
Taekwondo (Women)		021
	- 49 Kg - Women	Rida Batool	Bronze
	- 57 Kg - Women	Hamida	Silver
	- 67 Kg - Women	Manahil	Silver
Volleyball			0 0 1
	Volleyball (Women)	Team	Bronze
Weightlifting			0 3 2
	67 Kg - Men	Azad Khan	Silver
	73 Kg - Men	Jurair	Bronze
	81 Kg - Men	Kamil	Bronze
	89 Kg - Men	Noor Ahmad	Silver
	96 Kg - Men	Ameer Hamza	Silver

Discipline	Event	Competitor	Medals G S B
Wrestling (M	(en)		0 0 5
	57 Kg - Men	Abdul Wali	Bronze
	61 Kg - Men	Usman Lahri	Bronze
	70 Kg - Men	Khan bahadur	Bronze
	97 Kg - Men	M. Bilal	Bronze
	125 Kg - Men	Attique Ur Rehman	Bronze

Total: 14 16 32



Medals Position of Islamabad

GAMES 2000

Discipline	Event	Competitor	Medals GSB
Athletics (M	en)		0 1 2
	4 x 100 M Relay (Men)	Junaid,Masab,Mustafa,Hashir	Silver
	4 x 400 M Relay (Men)	Masab, Junaid, Hashir, Mustafa	Bronze
	Long Jump (Men)	Junaid	Bronze
Athletics (W	omen)		0 1 0
	Long Jump (Women)	Sajal	Silver
Badminton (Women)		0 0 2
	Women Doubles	Arifa & Sara	Bronze
	Women Team Event	Team	Bronze
Badminton(N	Men)		0 0 1
	Men Team Event	Team	Bronze
Boxing (Men	ı)		0 0 2
	51 Kg Flyweight- Men	Muhammad Saqib	Bronze
	54 Kg Bantam Weight - Men	Harun Khan	Bronze
Football			1 0 0
	Football (Women)	Team	Gold
Hockey			0 0 1
	Hockey (Women)	Team	Bronze
Judo (Men)			0 1 3
	- 60 Kg (Men)	Umer Khan	Bronze
	- 81 Kg (Men)	Muhammad Ishaq	Bronze

Discipline	Event	Competitor	Medals G S B
	Open (Men)	Hamza Irfan Bhatti	Silver
	Mixed Team (Men)	Team	Bronze
Judo (Wome	<i>n</i>)		0 1 1
	- 52 Kg (Women)	Ayesha Adnan	Silver
	- 57 Kg (Women)	Areeba	Bronze
Karate (Men	ı)		0 0 2
	Individual Kata - Men	Hassan	Bronze
	+ 84 Kg - Men	Abdul Rehman	Bronze
Karate (Won	nen)		0 0 2
	Individual Kata - Women	Ayesha	Bronze
	Team Kata - Women	Abeer, Abiha, Waniya	Bronze
Swimming (I	Men)		029
	50 M Backstroke (Men)	Abdul Moiz	Silver
	50 M Backstroke (Men)	Abdullah Nasir	Bronze
	100 M Backstroke (Men)	Abdullah Nasir	Bronze
	200 M Backstroke (Men)	Abdullah Nasir	Bronze
	50 M Butterfly (Men)	Abdul Moeez Khan	Bronze
	100 M Butterfly (Men)	M.Zaki	Bronze
	200 M Butterfly (Men)	M. Zaki	Bronze
	50 M Freestyle (Men)	Abdul Moeez Khan Burki	Bronze
	100 M Freestyle (Men)	Abdul Moiz	Bronze
	400 M Freestyle (Men)	M. Zaki	Bronze
	4x100 M Medley Relay (Men)	Abdullah, Hassan, Rashid, Zaki	Silver
Swimming (V	Women)		517
	50 M Backstroke (Women)	Mayha Ahmed	Bronze
	100 M Backstroke (Women)	Maham Ali	Gold

Discipline	Event	Competitor	Medals G S B
	200 M Backstroke (Women)	Maham Ali	Gold
	50 M Breaststroke (Women)	Maham Ali	Gold
	100 M Breaststroke (Women)	Maham Ali	Gold
	200 M Breaststroke (Women)	Maham Ali	Gold
	50 M Butterfly (Women)	Mayha Ahmed	Bronze
	100 M Butterfly (Women)	Mayha Ahmad	Bronze
	200 M Butterfly (Women)	Mahrukh Agha	Bronze
	50 M Freestyle (Women)	Eiman Munir	Bronze
	400 M Freestyle (Women)	Shafaq Waseem	Bronze
	4x100 M Medley Relay (Women)	Mahyha, Maham, Fayyadi, Eman	Silver
	200 M Individual Medley (Women)	Mahrukh Agha	Bronze
Table Tennis (Men)			0 0 1
	Men Team Event	Team	Bronze
Faekwondo ((Men)		0 2 2
	- 58 Kg - Men	M. Sohail	Bronze
	- 68 Kg - Men	Abdul Rafay	Bronze
	Individual Poomsae (Men)	Shaheer	Silver
	Individual Creative (Men)	Zeeshan	Silver
Taekwondo ((Women)		0 2 1
	- 49 Kg - Women	Neha Maryam	Silver
	- 67 Kg - Women	Humal	Bronze
	Individual Creative (Women)	Ifra Awan	Silver
Wrestling (M	(Ien)		0 0 3
	86 Kg - Men	Abdul Samad	Bronze
	97 Kg - Men	Muhammad Saleh Siddiqui	Bronze
	125 Kg - Men	Bilawal Khan	Bronze
		Total :	6 11 39



Medals Position of GB

GAMES 2020

Discipline	Event	Competitor	Medals G S B
Athletics (Women)			0 0 1
	100 M Hurdles (Women)	Alisha	Bronze
Boxing (Men	ı)		0 1 2
	54 Kg Bantam Weight - Men	Sabir Muhammad	Silver
	60 Kg Light Weight- Men	Mujeeb Ur Rehman	Bronze
	67 Kg Welter Weight - Men	Salar Ahmad	Bronze
Judo (Men)			0 0 1
	- 50 Kg (Men)	Noor Hashim	Bronze
Judo (Wome	<i>n</i>)		1 1 2
	- 48 Kg (Women)	Alveena	Bronze
	- 57 Kg (Women)	Riya	Silver
	- 63 Kg (Women)	Sahil Haider	Bronze
	- 70 Kg (Women)	Samreen	Gold
Karate (Won	nen)		0 0 2
	- 68 Kg - Women	Aroosa	Bronze
	+ 68 Kg - Women	Madiha Chand	Bronze
Taekwondo ((Men)		1 0 3
	- 58 Kg - Men	Syed Hashim	Bronze
	- 68 Kg - Men	M. Mubashir	Gold
	+ 87 Kg - Men	Tehseen lqbal	Bronze
	Individual Poomsae (Men)	Zahid	Bronze

Discipline	Event	Competitor	Medals G S B
Taekwondo	(Women)		0 0 5
	- 57 Kg - Women	Iram Nisar	Bronze
	- 67 Kg - Women	Sania	Bronze
	- 73 Kg - Women	Naimal Rozi	Bronze
	Individual Poomsae (Women)	Zahra Aslam	Bronze
	Individual Creative (Women)	Sawera	Bronze
Wrestling (Men)			0 0 2
	57 Kg - Men	Yaseen Ahmed	Bronze
	70 Kg - Men	Shabar Hussain	Bronze

Total: 2 2 18



Medals Position of AJK

GAMES 2000

Discipline	Event	Competitor		leda S	
Athletics (Men)			0	1	0
	1500 M (Men)	Abdul Wahab	Sil	ver	
Athletics (Women)			1	1	0
	4 x 100 M Relay (Women)	Fatima,Falaq,Nakmeen,Kalsoom	Sil	ver	
	Discus Throw (Women)	Najmul Huda	Go	old	
Badminton(Men)			0	0	1
	Men Team Event	Team	Bre	onze	ł
Boxing (Men)		0	0	4
	48 Kg Light Flyweight- Men	Saim Ibrar	Br	onze	ł
	57 Kg Feather Weight - Men	Bilal Ashraf	Br	onze	ł
	63.5 Kg Light Welter Weight - Men	Junaid Khadim	Br	onze	ł
	71 Kg Light Middle Weight- Men	Malik Taufeeq	Br	onze	ł
Hockey			0	0	1
	Hockey (Men)	Team	Bre	onze	ł
Judo (Men)			0	0	1
	Open (Men)	Fariz	Br	onze	ł
Judo (Wome	n)		0	1	2
	- 40 Kg (Women)	Momina Rani	Sil	ver	
	- 48 Kg (Women)	Ayesha	Br	onze	ł
	Open (Women)	Anum	Bre	onze	ł
Karate (Men)		0	0	3

Discipline	Event	Competitor	Medals
			GSB
	Below 50 Kg - Men	Faraz Rafique	Bronze
	- 60 Kg - Men	Raja Huzaifa	Bronze
	Team Kata - Men	Ilyas,Ubaid,Abdullah	Bronze
Table Tennis	s (Women)		0 0 1
	Women Team Event	Team	Bronze
Taekwondo ((Men)		0 0 1
	- 80 Kg - Men	Syed Abdaal Haider	Bronze
Volleyball			0 0 1
	Volleyball (Men)	Team	Bronze
Weightlifting	2		0 1 2
	73 Kg - Men	Junaid Ahmed Butt	Silver
	89 Kg - Men	Sufyan Ahmed Butt	Bronze
	+96 Kg - Men	Khawaja M. Kaif	Bronze
Wrestling (Men)			0 1 3
	61 Kg - Men	Sudias	Bronze
	65 Kg - Men	Ali Akbar	Bronze
	74 Kg - Men	Shukran Rizwan	Bronze
	86 Kg - Men	Akhtar Ali	Silver

Total: 1 5 20