











## PRESS RELEASE


### Exciting News from the Pakistan Sports Board!


Islamabad: 8<sup>th</sup> August 2024: We are thrilled to announce that our sports facilities are now open to the public! Whether you're an athlete, fitness enthusiast, or simply looking to enjoy some recreational time, our state-of-the-art facilities are available for everyone.

Facilities Include:

-  Stadium
  -  Squash Courts
  -  Badminton & Tennis Lawns
  -  Running Tracks
  -  Swimming Pools (with a lady swimming instructor for members)
  -  Gymnasium
  -  Professional football coach for young footballers
  -  Professional hockey coach for young hockey players
  -  Archery ground (available at affordable rates)
  -  State-of-the-art Futsal ground (available at affordable rates)
- ...and more!

Availability and Access:

-  Pay for 1, Enjoy Triple:
- Public parks in the sports complex
  - Open jogging tracks
  - Outdoor exercise areas

 Pay to Play:

- Swimming pools (small fee for a splash of fun)
- Gymnasiums (join the club!)
- Tennis and badminton courts (book your spot)
- Futsal ground
- Archery ground

**Timings and Availability:**

For timings and availability, visit our website or contact us at 051-9249023 from 0830 hrs to 1630 hrs. Terms and conditions apply.

Come and experience the best in sports and fitness at the Pakistan Sports Board. Let's promote a healthy and active lifestyle together!